



A Sociological study of family planning and control fertility rate through Government Policy

Aysha Faqeer¹, Muhammad Nasir², Kanwal³

ARTICLE DETAILS	ABSTRACT
History Revised format: Aug, 2019 Available Online: Sep, 2019	The purpose of this study is to determine the awareness related to family planning among pregnant females declaring to the antenatal clinic of Federal Medical Center, hold, and onto state, Nigeria. Methodology: The study was directed between December, 2007 and February, 2008 at the antenatal clinic of the hospital. Ethical authorization was attained from the Ethical Review Committee of the hospital preceding to commencement of the study. The data gathered from the respondents with the assistance of pre-tested semi-structured survey questionnaire which involves the bio-data, experience, and the source of getting data about family planning. Other information gathered were reasoning for family planning as well as recognition about various methods of family planning. The information obtained with the help of questionnaire was collated, and examined with SPSS version 12.0.1. Results: Approximately 89% of respondents were aware of family planning. While, majority of the respondents about 47.2% get information about family planning through health workers, although 21(23.6%) acknowledged the information via social media. Most of the defendants almost (74%) knew about condom. The degree of education automatically afflicted the awareness of family planning with a p value about 0.07. Conclusion: Many respondents were known of family planning. The media should play a vital role in developing awareness among the individuals related to family planning.
Keywords Family planning, awareness, pregnant women.	

¹The Women University, Multan, Pakistan

²M. Phil Scholar, National College of Business Administration & Economics Multan Campus

³District Health Authority, Multan

Introduction

The capacity of a lady to control her own fertility is one of her fundamental and significant rights. It is assumed that a superior managed sexuality and fertility influences the status of the ladies socially and financially. This is seen to be reflected in their qualification, wellbeing, and financial status combined with independence to take choices on their job and be answerable for the all-out wellbeing. The circumstance in Africa is as low as 25

percent, the most minimal among creating locales in the universe (Nishi, 2015). In West Africa, around 36 percent of ladies are utilizing condoms and this rate differs from a low level of 22 percent in Mali, 26 percent in Togo, 32 percent in Burkina Faso, and 33 percent in Ghana (Dona et. al., 2018).

In Ghana, a nation with numerous ethnic sets and moral groupings, endeavors made by the Ministry of Health (MOH) and different organizations on the utilization of contraceptives have brought about an overall increment throughout the most recent twenty years (Osei et.al., 2016). At present, a public preventative utilization of 33 percent has been assessed despite the fact that 43 percent of wedded ladies in the nation want to space their youngsters and an extra 24 percent need to restrict births. The divergence of utilization of family arranging techniques among the metropolitan and provincial, and rich and helpless places numerous ladies in most denied settings off guard (Gomes and Ludermer, 2013). Interest in the coordination of family arranging (FP) with other medical care administrations traverses very nearly forty years (Cuca and Pierce, 1977; Tam et al., 2019). The resultant enormous assemblage of examination proposes that joining is practical across various wellbeing intercessions and can bring about improved productivity in medical care conveyance (Brickley, et al., 2011; Lindegren et al., 2012). Non-industrial nation partners are by and large strong of coordinated wellbeing programs and comprehend them to be financially savvy and steady of administration maintainability.

Literature review

Gillespie et al. (2009) reported a state-wide variation on family planning behavior in India. He stated women belonging to western states and hill areas are freer to make decisions about family planning behavior, but in eastern regions women are dominated and least empowered even in very personal issues like their own health care (contraceptive use etc). western women have more life stress than the women. Ushijima (2005) investigated perception of men women stress on demonstration of religious directors in regenerative health issues in backward regions of Pakistan. The idea of adult males with respect with the impact of the religious perspective in their utilization of present day prophylactic techniques, and their perspectives on the part of religious pioneers in network education, were investigated through a cross sectional study led in twelve provincial regions of Pakistan.

Methodology

3.1 Research Design:

In this research the data were collected on the basis of quantitative research method.

3.5 Sample Size

A total of 330 qualified respondents were chosen from the associations in the district. The study was conducted in district Multan in the area of Tehsil Multan city. Multan is the district of the province of Punjab in Pakistan.

Result and Discussion

Descriptive analysis:

Descriptive statistical are used to describe the basic feature of the data in the study. They provide simple compile about the sample and analysis. They develop the basis of every perceptible analysis of data.

Table no 1:

Statistics					
age					
N	Valid	43			
	Missing	9			
Mean					
Median					
Mode					
Std. Deviation					
Range					
Minimum					
Maximum					
Age					
		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	15-20	20	38.5	46.5	46.5
	20-25	17	32.7	39.5	86.0
	25-30	6	11.5	14.0	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample divided into three categories as (15-20), (20-25), (25-30) age. the sample 20% are respondent (15-20), 18% respondents are (20-25), 8% respondent are (25-30).

Table no 2**Gender**

		Frequency	Percent	Valid Percent	Cumulative Percent
<i>Valid</i>	female	23	44.2	53.5	53.5
	male	12	23.1	27.9	81.4
	not responses	8	15.4	18.6	100.0
	Total	43	82.7	100.0	
<i>Missing</i>	System	9	17.3		
<i>Total</i>		52	100.0		

This sample divided into three categories as female, male, and not response, 23% respondent are female and the 11% respondent are male, and the 7% respondent gave me not answer.

Marital status

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	marriage	21	40.4	48.8	48.8
	divorced	19	36.5	44.2	93.0
	not responses	3	5.8	7.0	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample divided into three categories as marriage, divorced, and not responses. This table shows the 24% respondent are marriage and the 14% respondent are divorced and the 3% respondent is not responses.

Are you educated

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	30	57.7	69.8	69.8
	no	6	11.5	14.0	83.7
	not responses	7	13.5	16.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample divided into three categories as 30% respondent is yes and the 7% respondent is no and the 9% respondent is not responses.

What is your level of education

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	primary	16	30.8	37.2	37.2
	secondary	21	40.4	48.8	86.0
	bachelor	6	11.5	14.0	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample divided into the three categories as 17% respondent is primary education and the 23% respondent is secondary education and the 9% respondent is bachelor.

Which are belonging to you

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	urban	29	55.8	67.4	67.4
	rural	6	11.5	14.0	81.4
	town	8	15.4	18.6	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as 27% respondent is urban and the 8% respondent is belong to the rural area and the 9% respondent belonging to the town.

What is your occupation

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	own business	22	42.3	51.2	51.2
	private employee	14	26.9	32.6	83.7
	government job	7	13.5	16.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first is 23% respondent is own business and the second 17% respondent is private employee and the third 8% respondent is government job.

Which is family do you live

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	join family	34	65.4	79.1	79.1
	nuclear family	5	9.6	11.6	90.7
	extended	4	7.7	9.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample divided into three categories as the first is 38% respondent is living in joint family and the second 9% respondent living in the nuclear family and the third 8% responded is extended.

Approximate age of marriage?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	15-20	16	30.8	37.2	37.2
	20-30	18	34.6	41.9	79.1
	30-40	9	17.3	20.9	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as (15-20), (20-30), (30-40) and the first 16% respondent marriage age (15-20) and the second 17% respondent marriage age is (20-30) and the third 8% respondent marriage age is (30-40).

Number of children?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1-4	23	44.2	53.5	53.5
	5-8	14	26.9	32.6	86.0
	9-12	6	11.5	14.0	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as number of children. The first 34% respondent child (1-4) and the second 14% respondent child is (5-8) and the third 8% respondent child is (9-12).

What did you think family planning is global partnerships that support the right of women?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	28	53.8	65.1	65.1
	no	13	25.0	30.2	95.3
	not responses	2	3.8	4.7	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 28% respondent yes and the second 13% respondent no and the 5 % respondent not responses in this situation.

What did you know about unwanted birth?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	22	42.3	51.2	51.2
	no	21	40.4	48.8	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 23% respondent says yes and the 21% respondent says no in this situation.

What did you think family has better opportunity and social security?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	20	38.5	46.5	46.5
	no	15	28.8	34.9	81.4
	maybe	8	15.4	18.6	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 20% respondent says yes and the second 15% respondent say no and the third 7% respondent says maybe.

What behavior and attitude play an important role among the choice of family planning?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	21	40.4	48.8	48.8
	no	12	23.1	27.9	76.7
	maybe	10	19.2	23.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 22% respondent says yes and the second 13% respondent says no and the third 10% respondent says may be in this situation.

What 1-10% women unmet need for family planning?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	19	36.5	44.2	44.2
	no	17	32.7	39.5	83.7
	not responses	7	13.5	16.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first is 18% respondent says yes and the second 16% respondent says no and the third 7% respondent not responses.

What did you think about unmet is high where contraceptive is low?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	17	32.7	39.5	39.5
	no	14	26.9	32.6	72.1
	maybe	12	23.1	27.9	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first is 16% respondent say yes and the second 13% respondent say no and the third 14% respondent says maybe.

What unplanned pregnancies increased maternal and infant mortality rate?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	27	51.9	62.8	62.8
	no	12	23.1	27.9	90.7
	not responses	4	7.7	9.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 28% respondent says yes and the second 11% respondent says no and the third 4% respondent not responses.

What contraceptive rate reduced the annual number of maternal deaths?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	23	44.2	53.5	53.5
	no	13	25.0	30.2	83.7
	not responses	7	13.5	16.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first is 22% respondent says yes and the second sample 12% respondent says no and the third 7% respondent not responses.

What are you think about the concept of welfare is basically related the quality of life?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	18	34.6	41.9	41.9
	no	19	36.5	44.2	86.0
	maybe	6	11.5	14.0	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first is 16% responded says yes and the second 18% respondent says no and the third 6% respondent says maybe.

What population welfare department and health of the four provinces together with some representative, family announced their target goal?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	26	50.0	60.5	60.5
	no	13	25.0	30.2	90.7
	maybe	4	7.7	9.3	100.0
	Total	43	82.7	100.0	

Missing System	9	17.3		
Total	52	100.0		

This sample is divided into three categories as the first 28% respondent says yes and the second 12% respondent says no and the third 4% responded says maybe.

Government of pakistan covers the realm,finance and services delivery ?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	17	32.7	39.5	39.5
	n0	22	42.3	51.2	90.7
	maybe	4	7.7	9.3	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 22% responded says yes and the second 22% responded say no and the third 4% responded says maybe.

Supply chain management, training and communication campaigns will be strengthened?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	27	51.9	62.8	62.8
	no	16	30.8	37.2	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into two categories as the first is 27% responded says yes and the second 18% responded says no.

What did you think about established new family welfare center?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	20	38.5	46.5	46.5
	no	16	30.8	37.2	83.7
	maybe	7	13.5	16.3	100.0
	Total	43	82.7	100.0	

Missing System	9	17.3		
Total	52	100.0		

This sample is divided into three categories the first is 20% responded says yes and the second 16% responded says no and the third 7% responded say maybe.

What population welfare department and health of the four provinces together with some representative, family announced their target goal?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	26	50.0	60.5	60.5
	no	13	25.0	30.2	90.7
	maybe	4	7.7	9.3	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 24% responded says yes and the second 10% responded says no and the third 8% responded say may be.

Family planning services have an important role in the concept of "primary health care"?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	22	42.3	51.2	51.2
	no	13	25.0	30.2	81.4
	not responses	8	15.4	18.6	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the 23% responded says yes and the second 16% responded says no and the third 8% responded not response.

What task sharing with implanoninsector start in all area?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	24	46.2	55.8	55.8
	no	19	36.5	44.2	100.0
	Total	43	82.7	100.0	

Missing System	9	17.3		
Total	52	100.0		

This sample is divided into two categories as the first 28% responded says yes and the second 18% responded says no.

What population welfare and health department will be redefined?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	25	48.1	58.1	58.1
	no	14	26.9	32.6	90.7
	not responses	4	7.7	9.3	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided by into three categories as the first 25% responded says yes and the second 19% responded says no and the third 3% responded not responses.

What PWD will coordinate private training, ensure the quality of services delivery outlets?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	31	59.6	72.1	72.1
	no	8	15.4	18.6	90.7
	not responses	4	7.7	9.3	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first is 32% responded says yes and the second 8% responded says no and the third 3% responded not responses

Gynecologist, doctor association private partitions paramedics and lady health worker will be first priority?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	16	30.8	37.2	37.2
	no	24	46.2	55.8	93.0
	not responses	3	5.8	7.0	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		

Total	52	100.0		
-------	----	-------	--	--

This sample is divided into three categories as the first 17% responded says yes and the second 24% responded says no and the third 3% responded not responses.

Integral efforts by joining hand of public and private sector will help achieve CPR?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	28	53.8	65.1	65.1
	no	8	15.4	18.6	83.7
	not responses	7	13.5	16.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 29% responded says yes and the second 8% responded says no and the third 7% responded not responses.

What did you think about this department website, Facebook page, help line, and call center are actively used for awareness creation?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	20	38.5	46.5	46.5
	no	19	36.5	44.2	90.7
	not responses	4	7.7	9.3	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first is 20% responded says yes and the second 18% responded says no and the third 2% responded not responses.

What contraceptive services will be included in the essential health services package?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	24	46.2	55.8	55.8
	no	17	32.7	39.5	95.3
	maybe	2	3.8	4.7	100.0

Total	43	82.7	100.0	
Missing System	9	17.3		
Total	52	100.0		

This sample is divided into three categories as the first 24% responded says yes and the second 12% responded says no and the third 2% responded say may be.

What should be training of community mid-wives for long-acting method?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	18	34.6	41.9	41.9
	no	18	34.6	41.9	83.7
	not responses	7	13.5	16.3	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first is 18% responded says yes and the second 17% responded says no and the third 7% responded not responses.

What should be strengthened of logistics ensure delivery of desired method?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	26	50.0	60.5	60.5
	n0	14	26.9	32.6	93.0
	not responses	3	5.8	7.0	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 23% responded says yes and the second 13% responded says no and the third 3% responded not responses.

Life skill education, pre marriage counseling, delaying first birth, and spacing in subsequent will be continuously addresses?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	31	59.6	72.1	72.1
	no	12	23.1	27.9	100.0

Total	43	82.7	100.0
Missing System	9	17.3	
Total	52	100.0	

This sample is divided into two categories as the first 31% responded says yes and the second 13% responded says no.

What did you think about human resources developed?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	16	30.8	37.2	37.2
	no	14	26.9	32.6	69.8
	maybe	13	25.0	30.2	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 16% responded says yes and the second 13% responded says no and the third 14% responded say maybe.

What did you think about human resources developed?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	16	30.8	37.2	37.2
	no	14	26.9	32.6	69.8
	maybe	13	25.0	30.2	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 27% responded says yes and the second 12% responded says no and the third 2% responded not responses.

What promoting prosperous, educated and knowledge-based society, where every family planned?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	19	36.5	44.2	44.2
	no	14	26.9	32.6	76.7
	maybe	10	19.2	23.3	100.0
	Total	43	82.7	100.0	

Missing System	9	17.3		
Total	52	100.0		

This sample is divided into three categories as the first 29% responded says yes and the second 19% responded says no and the third 10% responded say may be.

What economics system stable during family planning?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	23	44.2	53.5	53.5
	no	18	34.6	41.9	95.3
	not responses	2	3.8	4.7	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 25% responded say yes and the second 17% responded say no and the third 3% responded not responses.

Ensure universal ever age and improve access quality family planning?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	26	50.0	60.5	60.5
	no	11	21.2	25.6	86.0
	not responses	6	11.5	14.0	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 26% responded says yes and the second 11% responded says no and the third 6% responded not responses.

What scaling of adolescent related project in the provinces?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	14	26.9	32.6	32.6
	no	22	42.3	51.2	83.7
	not responses	7	13.5	16.3	100.0
	Total	43	82.7	100.0	
Missing System		9	17.3		

Total	52	100.0		
-------	----	-------	--	--

This sample is divided into three categories as the first 14% responded says yes and the second 22% responded says no and the third 7% responded not responses.

Many and frequent birth have effects of child health?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	26	50.0	60.5	60.5
	no	14	26.9	32.6	93.0
	not responses	3	5.8	7.0	100.0
	Total	43	82.7	100.0	
Missing	System	9	17.3		
Total		52	100.0		

This sample is divided into three categories as the first 25% responded say yes and the second 16% responded say no and the third 3% responded not responses.

What husband desired male child?

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	yes	24	46.2	57.1	57.1
	no	14	26.9	33.3	90.5
	not responses	4	7.7	9.5	100.0
	Total	42	80.8	100.0	
Missing	System	10	19.2		
Total		52	100.0		

This sample is divided into three categories as the first 24% responded say yes and the second 14% responded say no and the third 4% responded not responses.

This examination has dissected the worldwide privilege conversation, and its related narratives: 'overpopulation/neediness', 'wellbeing' and 'rights'. This talk gives a significant thought process to enforcing family planning in rural nations. It has investigated whether this talk was exhibited in Fiji. The investigation has set up that an acknowledgment discourse was obvious and analyzed that the accounts, 'decision', 'wellbeing' and 'full citizenship' educated the talk. It found that the strengthening discourse was not continually enabling practically speaking and that ladies' strengthening was frequently built as the strengthening of people instead of families and networks, mirroring the western idea of its beginnings.

Conclusion

Today, Pakistan's populace program remains at a limit, alongside more projects in bite the dust social areas; pass on opportunity has arrived where government, giver, and non-government associations realize they should

coordinate to accomplish unmistakable outcomes. The narrative of strategy plan in populace has revealed major hindrances which have added to the program's inadequacy. Ongoing endeavors to incorporate social area arranging, driven by me World Bank, may try to address these central questions of intermenstrual collaboration, common responsibility for and strategy, and organization with NGOs, yet they can't compel congruity. There is an apparent political value, which Pakistan's chiefs have been hesitant to pay, for actualizing a solid populace program; and notwithstanding this is the much.

With respect to all the significant entertainers associated with the arrangement making measure, there is no proof that rehashed disappointments have prompted a new glance at the difficult itself. The World Bank and UNFPA, for instance, keep on demanding the seriousness of Pakistan's populace emergency, and the public authority over and over announces its obligation to decreasing the development rate. Concurrence on this tally has never appeared to be simpler to accomplish, while the issues of execution seem, by all accounts, to be developing alongside the quantity of individuals in Pakistan. NGOs are pre-busy with the emergency of deficient financing and the absence of help they get from the administration, and all around they also have embraced the attitude of 'populace control.

REFERENCES

- Brickley, D. B., Almers, L., Kennedy, C. E., Spaulding, A. B., Mirjahangir, J., Kennedy, G. E., ... & Collins, L. (2011). Sexual and reproductive health services for people living with HIV: a systematic review. *AIDS care*, 23(3), 303-314.
- Cuca, R., & Pierce, C. S. (1977). Experimentation in family planning delivery systems: an overview. *Studies in family planning*, 8(12), 302-310.
- Dona, A., Abera, M., Alemu, T., & Hawaria, D. (2018). Timely initiation of postpartum contraceptive utilization and associated factors among women of child bearing age in Aroressa District, Southern Ethiopia: a community based cross-sectional study. *BMC public health*, 18(1), 1-9.
- Gillespie, D., Bradley, H., Woldegiorgis, M., Kidanu, A., Karklins, S. (2009). Integrating family planning into Ethiopian voluntary testing and counseling programmes. *Bulletin of the World Health Organization*, 87, 866-870.
- Gomes, G. S. D. S., & Ludermir, T. B. (2013). Optimization of the weights and asymmetric activation function family of neural network for time series forecasting. *Expert Systems with Applications*, 40(16), 6438-6446.
- Lindegren, M. L., Kennedy, C. E., Bain-Brickley, D., Azman, H., Creanga, A. A., Butler, L. M., ... & Kennedy, G. E. (2012). Integration of HIV/AIDS services with maternal, neonatal and child health, nutrition, and family planning services. *Cochrane Database of Systematic Reviews*, (9).
- Nishi, A., Shirado, H., Rand, D. G., & Christakis, N. A. (2015). Inequality and visibility of wealth in experimental social networks. *Nature*, 526(7573), 426-429.
- Osei, E., Agbemefle, I., Kye-Duodu, G., & Binka, F. N. (2016). Linear trends and seasonality of births and perinatal outcomes in Upper East Region, Ghana from 2010 to 2014. *BMC pregnancy and childbirth*, 16(1), 48.

- Tam, O. H., Rozhkov, N. V., Shaw, R., Kim, D., Hubbard, I., Fennessey, S., ... & Broach, J. R. (2019). Postmortem cortex samples identify distinct molecular subtypes of als: retrotransposon activation, oxidative stress, and activated glia. *Cell reports*, 29(5), 1164-1177.
- Ushijima, T. (2005). Detection and interpretation of altered methylation patterns in cancer cells. *Nature Reviews Cancer*, 5(3), 223-231.